

# WELCOME TO THE PALM COURT

Sir Bracewell Smith is renowned to have built the Park Lane Hotel in 1927. He oversaw some ingenious building techniques, from the groundbreaking internal steel structure, nicknamed "the birdcage", to the state-of-the-art whitening system for the facade.

Step back in history & the Roaring 20's with original Art Deco features & savour our delicious "Birdcage Afternoon Tea" with a selection of 27 tea blends, cakes, beautiful pastries, scrumptious scones & delicate finger sandwiches.



# AFTERNOON TEA A Brief History

Afternoon tea is recognised around the world as being something traditionally British. Nobody knows the exact origins of the afternoon tea but one lady features in all theories, Anna, Seventh Duchess of Bedford (1783-1857), Lady-in-waiting to Her Majesty, Queen Victoria.

Traditionally, dinner was not served until 8.30 or 9.00 in the evening and the Duchess often became hungry, especially in the summer when dinner was served even later. Every afternoon, she experienced a "sinking feeling" and requested sandwiches & cakes between 3pm & 4pm in the afternoon.

Soon others followed the Duchess' lead. In 1842, a well known actress named Fanny Kemble heard of afternoon tea, and began to invite some guests to join her. Soon all of fashionable London was sipping tea with a variety of sandwiches on the side. The custom of "taking tea" in the afternoon had become well established, along with a complex set of rules and etiquette.

Afternoon tea prices are subject to change for special occasions. All prices are inclusive of VAT. A discretionary 12.5% Service charge will be added to your bill.

A minimum charge of £37.00 per person will be applied on a Friday, Saturday & Sunday between 12.00 & 19.00 Hours.

This menu contains allergens. If you have any food/drink intolerances or allergies, please let a member of the team know and we can guide you accordingly.

# CHAMPAGNES & WINE

|  | Glass<br>125ml | Bottle<br>750ml |
|--|----------------|-----------------|
| BRUT   | 123111         | 7301111         |
| Moët & Chandon Brut Imperial, NV   | 15.00          | 75.00           |
| R de Ruinart Brut, NV  |                | 85.00           |
| ROSÉ   |                |                 |
| Moët & Chandon Imperial Rosé, NV   | 18.00          | 95.00           |
| Taittinger Prestige Rosé Brut, NV  |                | 85.00           |
| PREMIUM  |                |                 |
| Dom Pérignon 2006 Vintage<br>Medium to full bodied champagne.                |                | <b>195</b> .00  |
| WHITE  | Glass<br>175ml | Bottle<br>750ml |
| Kleine Zalze Stellenbosch   South-Africa   Sauvignon Blanc                   | 8.00           | 28.00           |
| Camel Valley Bacchus Dry Cornwall   England   Bacchus                        | 10.50          | 44.00           |
| RED  |                |                 |
| Nederburg "The Manor" Western Cape   South-Africa   Cabernet Sauvignon       | 8.50           | 32.00           |
| Louis Jadot Bourgogne "Couvent Des Jacobins"  Burgundy   France   Pinot Noir | 10.50          | 40.00           |
| ROSÉ   |                |                 |
| Sancerre Rosé, Le Rabault, Joseph Mellot<br>Loire Valley   France            | 9.00           | 34.00           |

#### THE PALM COURT HIGH TEA

Croque Madame
Grilled Vegetables and Melted Cheese topped with a Fried Egg [m] [g] [e]

or

Potted Scottish Salmon,
Compressed Cucumber and Watercress [f] [sd] [g] [m]

or

Spinach and Crayfish Omelette [cr] [e]

or

Poached Free Range Hens Egg,
OX Spring Ham and Asparagus on Sour Dough Toast [e] [g] [mu] [m]

or

Welsh Rarebit, Crispy Bacon, Roast Cherry Tomatoes,
Toasted English Muffin [g] [m] [f] [f] [mu]

#### THE PALM COURT'S SCONES

Plain and Sultana Scones Served with Homemade Jams and Clotted Cream

[m] [e] [g] [sd]

#### VARIETY OF FINE PASTRIES

[n] [m] [e] [g]

Offered with your choice of:

Classic Tea Selection 39.00 per person
Rare & Single Estate Tea 42.00 per person

Allergens:

<sup>[</sup>p] Peanuts, [tr] Treenuts, [l] Lupin, [m] Milk, [e] Eggs, [f] Fish, [mo] Molluscs, [cr] Crustaceans, [s] Soya,[g] Gluten, [ss] Sesame Seeds, [c] Celery, [mu] Mustard, [sd] Sulphur Dioxide

## "BIRDCAGE" AFTERNOON TEA

#### **SELECTION OF FINGER SANDWICHES**

John Ross Smoked Salmon, Caper Cream,
Dill & Seaweed Scone [f] [sd] [m] [g] [e]

Free Range Egg Mayonnaise Watercress [e] [g] [sd]

Confied Chicken Curried Mayonnaise on Basil Bread [e] [mu] [sd]

Honey Roasted Ham with Celeriac & Mustard Rémoulade on Beetroot Bread [e] [g] [mu] [sd]

Smoked Trout and Pickled Cucumber, Horseradish Mayonnaise [f] [e] [g] [mu] [sd]

#### THE PALM COURT'S SCONES

Plain and Sultana Scones
Served with Homemade Jams and Clotted Cream

[mo] [e] [g] [sd]

#### VARIETY OF FINE PASTRIES

[n] [m] [e] [g]

Offered with your choice of:

Classic Tea Selection Rare & Single Estate Tea 37.00 per person

40.00 per person

#### Allergens:

<sup>[</sup>p] Peanuts, [tr] Treenuts, [l] Lupin, [m] Milk, [e] Eggs, [f] Fish, [mo] Molluscs, [cr] Crustaceans, [s] Soya, [g] Gluten, [ss] Sesame Seeds, [c] Celery, [mu] Mustard, [sd] Sulphur Dioxide

# "BIRDCAGE" VEGETARIAN AFTERNOON TEA

#### SELECTION OF FINGER SANDWICHES

Free Range Egg Mayonnaise and Watercress [e] [g] [sd]

Cured Cucumber, Cream Cheese and Chive on Granary Bread [g] [m]

Goat Cheese, Sundried Tomato and Wild Rocket Panini [m] [g] [sd]

Hummus, Roasted Red Pepper on Beetroot Bread [ss] [g]

Tomato, Avocado Pesto and Basil Bread [tr] [g] [m]

#### THE PALM COURT'S SCONES

Plain and Sultana Scones
Served with Homemade Jams and Clotted Cream

[m] [e] [g] [sd]

#### VARIETY OF FINE PASTRIES

[n] [m] [e] [g]

#### Offered with your choice of:

Classic Tea Selection 37.00 per person
Rare & Single Estate Tea 40.00 per person

Allergens:

<sup>[</sup>p] Peanuts, [tr] Treenuts, [l] Lupin, [m] Milk, [e] Eggs, [f] Fish, [mo] Molluscs, [cr] Crustaceans, [s] Soya, [g] Gluten, [ss] Sesame Seeds, [c] Celery, [mu] Mustard, [sd] Sulphur Dioxide

## RARE & SINGLE ESTATE TEA

#### WHITE TEA

## Chakra Silver Tips

Indonesia | Chakra Estate

From the highlands of West Java comes this wonderful tea. White silver tips are the buds of the tea plant Camelia Sinensis, plucked before they open.

Produce a delicate fruity flavour and a lightness of touch on the palate.

#### YELLOW TEA

## Huo Shan Huang

China | Anhui Province

First produced in the seventeenth century, in the time of the Ming & Ging dynasties, its quality marked it as an Imperial Tribute tea and it has been famed for its flavour ever since. The succulent silver buds are wrapped in parcels to mellow the tea, then dried slowly and are hand crafted into pointed yellow green leaves.

Produce a slight floral aroma & gentle, smooth, sweet flavour.

#### **OOLONGS**

#### Tie Guan Yin

China

Tie Guan Yin, or "Iron Goddess of Mercy" is one of China's most renowned Oolong teas and is steeped in colourful legends of divine apparitions and hidden treasure.

Very delicate leaves of very oxidised tea.

Produce a sweet aroma with hints of fruit and complex flavour of honey & caramel.

#### **BLACK TEA**

## Nilgiri Twirl

India | Glendale Estate

Nilgiri whose name translates as Blue Mountains, is one of the three main speciality tea regions of India. This delicious black tea is produced with whole leaves of the same size & shaped into delicate twists.

The refreshing flavour is brisk yet rounded & mellow, with characteristic fruity notes.

# 1st Flush Darjeeling

India | Chamong Estate

This is a truly superb orthodox tea from Chamong Estate, one of the region's flagship gardens. The young, greenish leaves have plenty of tip; when brewed they produce a beautiful rose colour with a delicate aroma and complex flavour.

Notes of sweet peaches and a fresh, lingering grassiness.

## **CLASSIC TEA**

#### WHITE TEA

# Rosy Fig White Tea

China

Floral, Fig & Nutty Notes, Very Sophisticated.

#### **GREEN TEA**

## Genmaicha

Japan

"Genmai" translates as Brown Rice in Japanese. Hulled rice kernels and popped corn are added to a good Sencha steamed green tea to create this sweet and nutty tea that makes a great accompaniment to food.

#### Jasmine Petals & Pearls

Japan

These delicate jasmine pearls are the result of light green tea layered with jasmine flowers, to create the perfect balance of flavour. The camomile flowers and rose petals add soft floral notes to the blend.

# Simply Sencha

China

This is a wonderfully mellow and slightly green tea that makes for such easy drinking that nothing has been added to it.

# Apple & Elderflower Green Tea

China

East meets West with deliciously delicate, oriental green tea, infusing with the quintessential orchard flavours for a light & refreshing taste.

#### Moroccan Mint with Rose

Tea in Morocco is a real tradition and everyone has their own version. We've married green tea with spearmint leaves and a subtle taste of rose.

#### **OOLONGS**

# Emerald Dragon Oolong

China

The high mountain Oolong is a honey coloured tea with a spring like fragrance and light, blossomy taste.

## **CLASSIC TEA**

#### **BLACK TEA**

#### Art Deco Blend

An exclusive blend from Twinings with the two most famous Indian teas to recreate the flavours of the 1920's. A light & complex Darjeeling married with the malty, rich Assam giving you a perfect accompaniment for any afternoon tea occasion. Delightful with or without milk.

# Earl Grey

Richard Twining the 2nd recreated this blend from a gift given to Charles Earl Grey the 2nd. This sublime Earl Grey blends Chinese black loose leaf tea with the wonderfully citrusy flavour of bergamot.

# Lady Grey

China | Ceylon

Unique to Twinings, Lady Grey is Earl Grey's elegant cousin. Her tea has the same light and delicate taste of bergamot, but with added hints of oranges and lemons. Ideal in the afternoon with a biscuit or a slice of cake.

# Full English

Perfect for when you fancy a really well rounded cup of tea. From the Sri Lankan Highlands where the leaves are grown, giving a great depth of flavour and making for a truly great cup of tea.

# Darjeeling India

Darjeeling in North East India is famous for it's tea cultivated through valleys and round mountains. The altitude gives darjelling its light, delicate taste and shimmering gold colour. Take a sip and escape the world on a journey of your own.

# The Mighty Assam

Mighty by name, mighty by nature. Smooth, rich & full bodied with an unmistakeable malty punch. This tippy golden broken orange pekoe is Assam as it should be.

## CLASSIC TEA

#### **BLACK TEA**

## Nutty Chocolate Assam

India

Inspired by tea & chocolate, a match made in heaven. Rich Assam loose leaf tea is a perfect partner to the flavour of delicious chocolate and hazelnuts.

# Passion Fruit Ceylon

Sri Lanka

Ceylon teas originate from a variety of altitudes on hill sides in Sri Lanka.

This high-grown tea has a beautifully light flavour and works perfectly with the sweet flavour of caramelised passion fruit.

# Lapsang Souchong

China

At the end of the production process, involving pan-firing, rolling, oxidising and a second firing and rolling, the leaves are dried over pine wood fires. The result is a richly flavoured black tea with a smoky flavour. Reputedly, this was

Winston Churchill's favourite tea!

# Elderflower Blossom Darjeeling

India

Darjeeling is known as the champagne of the tea world. Darjeeling is balanced with some delightful floral flavours to give it a fragrant burst of sweetness.

#### Zanzibar Chai

Rwanda

This is an unusual blend of Rwandan black tea and rooibos from the Cederberg Mountains of South Africa. The bright and lively black tea and red-brown rooibos needles bring depth and creamy notes to the flavour, finished with high-quality cinnamon and aromatic cardamom. The blend is completed by the faintly aniseed flavour of fennel seeds, with a pinch of pepper and cloves.



## **HERBAL TEA**

# Thoroughly Minted

Everything you expect from the ultimate mint experience - glorious peppermint, rounded with vibrant bursts of sweet spearmint.

# Superfruity

A deliciously juicy & fruity blend, packed with wonderful countryside flavours.

#### Pure Camomile

Golden and sweet, subtly flowery with a light and gentle taste.

# Velvety Rooibos Caramel

Indulge in the sweet luxury of Rooibos and caramel.

Delicious with or without milk.



